



Freedom

focus

"To open their eyes, and to turn them from darkness to light, and from the power of Satan unto God..." (Acts 26:18)



December 2005

Merry Christmas from the Director

Reflecting on this past year, I am filled with overflowing joy! I have witnessed God's faithfulness in every circumstance of our life and ministry.

As we approach the celebration of the birth of Jesus Christ, I think upon the many lives that have been helped this past year. Each of them will have a greater appreciation during this Christmas season and will look forward like never before to what God has for them in the coming new year.

I join with my family, staff, and Board of Directors in thanking God for giving us the opportunity to serve Christ and to faithfully assist in God's ministry. We would like to thank our ministry partners and friends for your support of ICBC of Indiana over this past year. Your prayers and gifts are greatly appreciated. Thank you

for caring about hurting people. May God bless you and your family this Christmas and in the coming year.

By Reverend Jeff Pokone



Jeff and his wife Suzette and children (Ashley 15, Gabrielle 11, Hanne-col 9, Nathanael 7, Abigail 4)

We're Moving!

For the past eight years, Carmel, Indiana, has been the home for the ministry of ICBC of Indiana. God has indeed blessed us with a beautiful facility just outside of Indianapolis. Over the years, this facility has been a place of refuge, hope, and help to many people across the nation.

With the leasing cost rising and the ministry's resources being limited, we have been seeking the Lord's direction about the possibility of relocating. It is our goal to be the best stewards we can be of the resources

God has blessed us with through the gifts of our supporters.

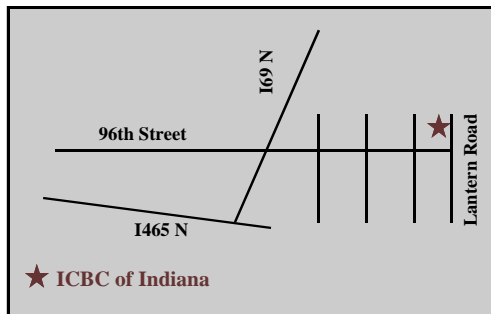
In the last few months, God has opened the door for us to relocate approximately twenty minutes east of our current location to the Fishers area. Our new address as of January 31st will be:

9780 Lantern Road, Suite 330

Fishers, IN 46256

Phone: 317.582.1123

Here is a map that shows where you can find us!



★ ICBC of Indiana

Prayer Requests for 2006

Please pray...

1. That the Lord would continue to give us spiritual protection.
2. That the Lord would give us wisdom in the counseling office and the decisions we make.
3. For the people we will be counseling this year.
4. For opportunities to partner with local churches.
5. For our staff and interns and their families.
6. For a smooth transition as the ministry moves to Fishers.
7. That our financial needs would be met.

Ninth Biennial ICBC Conference

You are invited to attend the **9th Biennial ICBC Conference in Sioux City, Iowa, on March 2-4, 2006**. This conference is designed to be an encouragement in your own spiritual walk and to better equip you for ministering to other hurting people.

The Conference will feature several experienced counselors from across the nation and a variety of breakout sessions. Jeff Pokone will be teaching on *Marriage Counseling with Trauma Survivors*.

For more information, contact **Jim Gaskill** at **877.467.4222**. (Cost: \$229/person)

1980 East 116th Street, Carmel Indiana, 46032
317.582.1123

Testimonies From Changed Lives

As we reflect over this past year, we praise the Lord for the opportunity we have had to help hurting people. The most rewarding aspect of our counseling ministry is seeing clients trace their present struggles to unresolved conflicts and hurts from their past, identify and replace the lies of the Enemy that

have controlled their thinking, and find their acceptance and significance in their position in Christ as believers.

Perhaps the best tribute to what God has been doing in lives over this past year is the firsthand accounts of some of our clients. We have featured a few of these testimonies below.

Understanding my Identity in Christ

While attending IBC's Course III, some hurting areas of my life were confirmed. These painful areas needed healing. My life was greatly benefited by all of the speakers; however, with Jeff Pokone, there was hope and the means to safely address hurts that I had never felt the freedom to confront.

One major issue was my identity in Christ. Due to divorce, I felt I was a second class Christian. I minister in a Christian orphanage, and my feelings of inferiority greatly hindered my view of God's unconditional love. These feelings were being projected to children whose greatest struggle is *acceptance*. Jeff discussed with me my position in Christ in view of divorce and gave me a listing of Scriptures that established this position.

A special Scripture that greatly helped me was 2 Corinthians 3:5-6— *“Not that we are sufficient of ourselves; but our sufficiency is of God; Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.”*

Brother Jeff's capacity to compassionately acknowledge, understand, listen, confirm, and identify with my desire for God's best and need for Biblical answers met every expectation and more.

Testimony from an Encouraged Layman

Overcoming Past Wounds

I came to ICBC because I was struggling with anger. Little did I realize how great my need for counseling was!

Jeff Pokone got to the source of my problem, helping me to see that anger was the outward result of unresolved woundedness in my relationship with my father, which, in turn, was affecting my relationship with my Heavenly Father, my wife, and my daughter. He addressed my need by helping me to identify areas of hurt and unforgiveness in my relationship with my father, and demonic strongholds of thinking I had believed.

Furthermore, he addressed my need for reconciliation with my wife and daughter, and explained to me how to walk in freedom and deliverance.

Since receiving counseling, I have learned to manage my anger. My relationship with my wife, my daughter, and my father have greatly improved. I have also been able to help others in spiritual need.

Testimony from a Growing Christian

Tracing Marriage Conflicts to Unresolved Childhood Wounds

Our need was great! We were close to divorce, except that, because of our faith, we knew this was not an option. I came to ICBC with my husband, thinking we came to fix him, but only to find out that it was I who needed fixing.

Having been adopted, I struggled with feelings of abandonment. I also came to realize I had built “walls” around my heart of which I was not even aware. These “walls” hin-

dered my relationship with my husband.

God has brought me to freedom. I have come to realize that the people who love me will let me down. But Jesus will never let me down. He will always allow me to “crawl up in His lap and get the comfort that I need.”

Testimony from a Liberated Wife

Finding Emotional Healing

I was bringing a lady who had experienced ritual abuse for counseling at ICBC when God began to do a work in my own heart. I was having trouble working with my friend, and was feeling out of control more and more.

As I began getting counseling for myself at ICBC, Rev. Pokone addressed in my own life such areas as forgiveness, submission to authority, living out of the heart Jesus gave me, and lies of the Enemy that I had believed.

Since receiving counseling, I have sensed Jesus' healing touch on my heart. I have been encouraged in my identity in Christ. Jeff also taught me how to forgive and to receive emotional healing from Jesus.

I had forgiven people again and again for years be-

cause I knew it was the right thing to do! But no one before ever told me how to get emotional healing from those wounds.

When I invited Jesus into my pain and He revealed the lies and corresponding truths to replace the lies, the result was life-giving. It took me three months to be able to check off my parents from my list of people to forgive.

The saying, “Time heals all wounds,” is not true. Jesus Himself, the Truth, is the One Who brings incredible healing.

I am so much more aware of the new creature inside of me than I ever was before. Though I am not at all perfect, I sure am learning all about grace.

Testimony from a Restored Daughter
